



## **COLD BAG & WRAP**

Cold therapy & compression, helps reduce swelling and promote healing. Fill bag with ice, attach it to neoprene wrap and apply to injured area. The Velcro closure on the strap allows it to fit various sizes and to adjust the level of compression required. Ideal for ankles, knees, elbows and thighs.

FA-CBW



## **REUSABLE HOT/COLD PACK**

Reusable. An effective method for applying localized Hot/Cold therapy. The pack remains soft, pliable and comfortable against the skin whether heated or cold.

FA-HCR1PK



## **INSTANT ICE PACK x3**

Single use only. Convenient instant ice pack x3. Activated by squeezing/rupturing the inner liquid bag creating a chemical reaction as the crystals dissolve and the pack instantly becomes cold.

FA-ICE3PK

## **ICE SPRAY**

Fast, Non-staining ice spray, Cools and relieves pain associated with contusions, sprains and strains 400ml

FA-1771SPC



## **ADHESIVE SPRAY**

A quick drying adherent that provides additional adhesive when taping. Spray directly to skin, wait 10 seconds, then affix the tape as required.

FA-ADS586



# **MEDICAL SCISSORS**

Top quality stainless steel scissors. Sharp serrated edges help cut tape or bandage while the safety bent tip prevents accidental puncture. Approx. 190mm length

FA-SCX19



Quality nail clippers, handy to have in sports first aid kits.

FA-NAIL

## **PVC ELECTRICAL TAPE**

Used for additional fixation of tape and dressings.

18mm x 20m



# **TAPES**



## **RIGID STRAPPING TAPE**

Silver Fern Premium Rigid Strapping tape provides a strong support for joints during physical activity and rehabilitation. Made from high tensile strength rayon cloth with a strong adhesive, the rigid tape minimises excessive joint activity that can potentially cause injury. Pinked edges provide quicker tape application whilst eliminating threading and air permeability allows for evaporation of sweat while maintaining stability. (Latex Free) BOX DEAL AVAILABLE

25mm x 13.7m | FA-RST25 FA-RST38 38mm x 13.7m 50mm x 13.7m FA-RST50

Please enquire for price and quantity per box



Silver Fern Elastic Adhesive Bandage - Light (EAB light) is an elasticated cotton tape featuring a strong adhesive that still retains a smooth unwind. Designed to support or compress injuries, the EAB conforms to the body part that is being taped and due to its elastic nature allows some give if swelling occurs. Made from a lightweight and hand-tearable cotton for fast taping and secure support. EAB light is also ideal for Lineout supports in Rugby and in situations where the wearer doesn't want bulky strapping. (Latex Free) BOX DEAL AVAILABLE

Please

enquire for

price and quantity per box

50mm x 6.9m FA-EAL50

75mm x 6.9m FA-EAL75



Silver Fern Elastic Adhesive Bandage (EAB) is an elasticated cotton bandage with adherent on one side. It is used to support joints and soft tissue strapping and immobilisation. Its strong adhesive helps it stay in place, even in the toughest environments. (Latex Free)

50mm x 4.5m | FA-EAB50 75mm x 4.5m | FA-EAB75

BOX DEAL **AVAILABLE** 

Please enquire for price and quantity per box



Silver Fern Elastic COHESIVE Bandage (ECB) sticks to itself but not to skin or hair. It provides mobility, compression, and support to ligaments, tendons and muscles.



50mm x 4.5m BOX DEAL AVAILABLE Tan FA-ECB50TA Please Black FA-ECB50BK Blue FA-FCR50RI quantity Green FA-ECB50GR

75mm x 4.5m FA-ECB75TA

FA-ECB50PI

FA-ECB75BK Black Blue FA-ECB75BL

Pink

FA-ECB75GR FA-ECB75PI Pink

enauire for price and per box

**BOX DEAL** AVAILABLE

Please enauire for price and quantity per box



Silver Fern Kinesiology Tape is a therapeutic tape, effective for treating a wide range of sports injuries. K-tape can be applied to injured joints, muscles, or tendons to reduce swelling and prevent further complications as it lifts the skin, allowing increased lymphatic fluid and blood flow reducing pressure, friction and pain. Made from elasticated cotton to support injury recovery without reducing a range of motion. (Latex Free)

FA-KIN50BL

FA-KIN50RE

FA-KIN50PI

50mm x 5m Black Blue

**BOX DEAL** AVAILABLE FA-KIN50TA FA-KIN50BK

Please enquire for price and auantity per box



Silver Fern Hypoallergenic Retention Dressing (Hypofix) is an adhesive non-woven material dressing, commonly used underneath a bandage or tape. Hypofix allows joints/wounds to be dressed without restricting movement as it contours to the body while the adhesive keeps it in place. Hypofix is hypoallergenic and gentle to remove, reducing skin irritation. The grid on the backing paper enables accurate measurement and cutting to the required size. (Latex Free)

> 50mm x 10m | FA-HYA50n 100mm x 10m FA-HYA100





# **TEAM PACK**

QTY	CONTENTS
1	Team Bag
1	Bum Bag
32	38mm rigid
12	25 mm rigid
12	EAB 50mm
6	EAB 75 mm
12	EAB Light 50 mm
6	EAB Light 75mm
1	Adhesive Spray
1	Cold Spray
1	Warm up Rub
1	Petroluem Jelly
1	Hypofix
10	Insulation Tap
6	instant Ice pack
1	Hot Cold Pack
1	Premium First Aid Kit (without Bag)

FA-TEAMPK



The Basic First Aid kit provides basic first aid coverage and is compact enough to easily fit into a glovebox or boot. There are 2 options, the Basic Kit or the Basic+ which comes in a black silver Fern waist bag.

#### **BASIC KIT CONTENTS:**

4x Antiseptic Alcohol Free Wipes

1x Crepe Bandage 7.5cm

1x Conforming Bandage 5.0cm

2x Triangular bandage

1x Eye Pad Sterile

6x Safety Pins

1x Scissors 13cm

1x Splinter Probes Pack 5

1x Stainless Steel Tweezers

1x Hepatitis/AIDS Safety Information

1x Guidance Leaflet

20x Pack Flesh Coloured Band-aids 72X19MM

1x Flesh Coloured Dressing Strip 6cmx1m

1x Gloves (Pair)

1x CPR Mask

1x Thermal Rescue Blanket

1x Microporus Paper Tape 1.25cm

1x Combined Dressing Sterile 20x20cm

2x Gauze Swabs Sterile 7.5×7.5cm

2x Medium Wound Dressing No 14

2x Non-Adherent Dressings Sterile 7.5×7.5cm

2x Island dressing 6x7cm

1x PE521 Medium soft-pack

Basic Kit FA-KITBGT

Basic+ Kit

black waist bag

Includes Silver Fern

**FA-KITBGTBG** 



# **PREMIER PACK**

QTY	CONTENTS
1	Team Bag
1	Bum Bag
64	38mm Rigid
12	25mm Rigid
12	EAB 50mm
6	EAB 75mm
12	EAB Light 50mm
6	EAB Light 75mm
1	Adhesive Spray
1	Cold Spray
1	Warm up Rub
1	Petroluem Jelly
1	Hypofix 50mm
1	Hypofix 75mm
20	Insulation Tap
12	instant Ice pack
1	Hot Cold Pack
4	ECB 50mm
4	ECB 75mm
1	Premium First Aid Kit (without Bag)

FA-PREMPK



for work or sports clubs. There are 2 options, the Premium Kit or the Premium+ which comes in a black silver Fern waist bag.

#### BASIC KIT CONTENTS:

8x Antiseptic Alcohol-Free Wipes

1x Crepe Bandage 5cm

1x Crepe Bandage 7.5cm 1x Conforming bandage 5cm

1x Conforming bandage 7.5cm

2x Triangular bandage

2x Eye Pad Sterile

6x Safety Pins

1x Scissors 13cm

1x Stainless Steel Tweezers

1x Hepatitis/AIDS Safety Information

1x Guidance Leaflet

1x Notebook & Pencil

50x Pack Flesh Coloured Band-aids 72X19MM 1x PE521 Medium soft-pack

1x Flesh Coloured Dressing Strip 6cmx1m

1x Gloves (Pair)

1x CPR Mask

1x Thermal Rescue Blanket 1x Microporus Paper Tape 1.25cm

1x Fabric Zinc Oxide Tape 2.50cm

1x Combined Dressing Sterile 20x30cm 1x Wound Closure Strips packet of 5

2x Gauze Swabs Sterile 7.5×7.5cm

1x Medium Wound Dressing No 14

1x Large Wound Dressing No 15

2x Island dressing 6x7cm

Premium Kit **FA-KITPRM** Premium+ Kit FA-KITPRMBG



Includes Silver Fern

black waist bag



## **HOT RUB**

The perfect cream for pre-event warm-ups, designed to help prevent injury through improved warm-up of muscles. Made in Australasia. 400g

FA-MHR570



### ANTI-INFLAM MASSAGE CREAM ESSENTIAL MASSAGE CREAM

Assists with Soft tissue trauma, Lower back pain and other sports & exercise injuries. All natural, gentle non-sting formula and pleasant scent. 400g

FA-MAI574



For a general massage to relieve aches & pains. Totally natural and gentle on skin. Long lasting but easy to remove by wiping off. 400g

FA-MEC559



## MASSAGE LOTION

Unscented therapeutic massage lotion. Very light formula to glide easily. The practical pump dispenser makes it easy to be applied anywhere.

FA-MML575



# **TEAM MEDICAL BAG**



Durable and practical team medical bag with convenient easy access compartments. Made from nylon fabric, with the internal fabric PVC coated and contains a divider insert to keep items tidy and accessible. Webbing handles, 2x side pockets with clip tag, 1x front pocket as well as the main compartment with double zipper/Velcro closure and elastic pen holders. Approx: 37 x 16 x 23cm

**FA-BAGTEAM** 



## PETROLEUM JELLY

The perfect solution to protect the body from skin grazing and areas where excessive rubbing can occur.

FA-MPJ185



## **BUM BAG**

2x zip pockets front & right side, an elasticated pouch on left side and an adjustable webbing waist belt with plastic buckle.

FA-BAGBUM

### **WAIST BAG**

Silver Fern waist bag with zip closure, adjustable webbing belt with plastic buckle. **FA-BAGWAIST**